



THE MARMARA
BODRUM

MAY 9-12

BODRUM YOGA ESCAPE

*An inspiring yoga experience with
Chris Chavez from Cihangir Yoga*



THURSDAY / May 9

13:30 Arrival, free time

18:00-19:15 Yoga - Welcome Practice with Chris Chavez

20:00 Dinner at Michelin Recommended restaurant Tuti

FRIDAY / May 10

08:30-09:45 Morning practice and meditation with Chris Chavez

10:00 Breakfast

14:30-15:00 Face Yoga with Betül Avcı

18:00-19:15 Sunset yoga practice with Chris Chavez

20:00 Dinner at Michelin Recommended restaurant Tuti + live music





SATURDAY / May 11

08:30-09:45 Morning practice and meditation with Chris Chavez

10:00 Breakfast

12:00-14:00 Workshop with Michelin Recommended Chef - Hakan Süve

18:00-19:15 Sunset yoga practice with Chris Chavez

20:00 Dinner at Michelin Recommended restaurant Tuti + Live Music

SUNDAY / May 12

08:30-09:45 Morning practice and meditation with Chris Chavez

10:00 Breakfast

12:00 Arrivederci!

